

BENET **BASKETBALL** **CAMPS**

ACCELERATED SKILLS CAMP



The Accelerated Skills Camp is designed for those players, who have a good deal of basketball experience and who are able

to handle higher level type of drills. The camp is geared for the continuing development of the offensive fundamentals, with a high degree of intensity and difficulty added for a higher level of play. These drills will include position specific drills, and athletic enhancement drills. This camp will include drills that are used for player development at both high school and college level.

Accelerated Skills : Grades 5th - 9th

June 24-27

9:00 am - 12:00 pm \$130

SHOOTING CAMP



The Benet Academy Shooting Camp is designed to provide a series of drills guided

to help each individual to develop the correct method of shooting the basketball. The camp will start with the fundamentals of the lay-up and continue through to the parts of the jump shot, and free throw shooting. Each camper will be given an assessment of his/her shot by a member of our camp staff. Campers will be put through a regiment that will allow for teaching and evaluation throughout the entire camp.

Shooting : Grades 5th-9th **June 10-13**

9:00 am - 11:00 am \$100



**Benet Academy
2200 Maple Ave.
Lisle, IL 60532**

**Gene Heidkamp
Email:
gheidkamp@benet.org**

Registration Form

CIRCLE BELOW

Shooting : Grades

5th-9th June 10-13

9:00 am - 11:00 am \$100

Fundamental: Grades 1st -

4th June 17-20

8:30 am - 10:00 am \$75

Offensive: Grades 5th -

9th June 17-20

10:00 am - 1:00 pm \$130

Accelerated Skills : Grades 5th -

9th June 24-27

9:00 am - 12:00 pm \$130

Tuition includes Camp T-shirt and Awards

NAME

Grade for 2019-20 school year

School

Street Address

City and Zip Code

Home Phone

Parent's email address

Parent's cell

Checks are made payable to Gene Heidkamp

FUNDAMENTAL CAMP



The Fundamental Camp is geared toward young players (boys and girls) who are learning the basic skills and con-

cepts that are essential to future success. Individual skills, such as shooting, ball handling, footwork and passing are highlighted. Campers will be put through stations, group mass work and competitive drills. Each camper will receive an individual assessment of their skills.

Fundamental: Grades 1st - 4th

June 17-20

8:30 am - 10:00 am \$75

OFFENSIVE SKILLS CAMP

Benet Basketballs Offensive Skills Camps are de-



signed to cover the individual and team offensive skills that will help develop each camper at that particular level. The camp will cover those areas of individual shooting, passing, footwork and ball handling. At the team level, man to man offense, zone offense and general offensive principles will be discussed and drilled. This camp will also include a 3 on 3 tournament and also 5 on 5 games.

Offensive: Grades 5th -

9th June 17-20

10:00 am - 1:00 pm
\$130