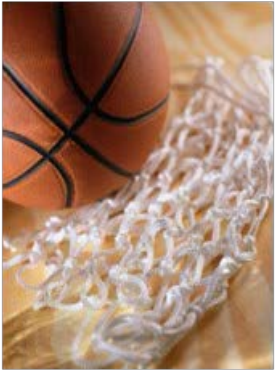


BENET **BASKETBALL** **CAMPS**

ACCELERATED SKILLS CAMP



The Accelerated Skills Camp is designed for those players, who have a good deal of basketball experience and who are able

to handle higher level type of drills. The camp is geared for the continuing development of the offensive fundamentals, with a high degree of intensity and difficulty added for a higher level of play. These drills will include position specific drills, and athletic enhancement drills. This camp will include drills that are used for player development at both high school and college level.

Accelerated Skills : Grades 4th - 9th

June 29- July 2

9:00 am - 12:00 pm \$150

SHOOTING CAMP



The Benet Academy Shooting Camp is designed to provide a series of drills guided

to help each individual to develop the correct method of shooting the basketball. The camp will start with the fundamentals of the lay-up and continue through to the parts of the jump shot, and free throw shooting. Each camper will be given an assessment of his/her shot by a member of our camp staff. Campers will be put through a regiment that will allow for teaching and evaluation throughout the entire camp.

Shooting : Grades 4th-9th June 15-18

9:00 am - 11:00 am \$100



**Benet Academy
2200 Maple Ave.
Lisle, IL 60532**

**Gene Heidkamp
Email:
gheidkamp@benet.org**

Registration Form

CIRCLEBELOW

Shooting : Grades

4th-9th June 15-18

9:00 am – 11:00 am \$100

Offensive: Grades

4th -9th June 22-25

9:00 am - 12:00 pm \$150

Accelerated Skills : Grades

4th -9th June 29- July 2

9:00 am - 12:00 pm \$150

Tuition includes Camp T-shirt and Awards

NAME _____

Grade for 2020-21 school year _____

School _____

Street Address _____

City and Zip Code _____

Home Phone _____

Parent's email address _____

Parent's cell _____

Checks are made payable to Gene Heidkamp



OFFENSIVE SKILLSCAMP

Benet Basketball Offensive Skills Camps are de-



signed to cover the individual and team offensive skills that will help develop each camper at that particular level. The camp will cover those areas of individual shooting, passing, footwork and ball handling. At the team level, man to man offense, zone offense and general offensive principles will be discussed and drilled. This camp will also include a 3 on 3 tournament and also 5 on 5 games.

Offensive: Grades 4th - 9th June 22-25
9:00 am - 12:00 pm
\$150